

Be an Allied Health Professional and a _____ to patients

★ Paste the sticker that
best describes you here

Guiding Light

HERO

Confidante

Selfless Supporter

Protector

Ray of Hope

Nutrition Guru

Champ

★ More stickers behind



Be an
Allied Health
Professional.

Rewarding in every way

In addition to the emotional fulfilment of making a difference in others' lives, a career as an Allied Health Professional (AHP) is full of opportunities. AHPs care for patients and, in some cases, make independent assessments about the choice of treatment for them. Experts in their fields of practice, AHPs are an integral part of Singapore's healthcare system.

Who are AHPs?

- Audiologist
- Diagnostic Radiographer
- Dietitian
- Medical Social Worker
- Medical Technologist
- Occupational Therapist
- Orthoptist
- Physiotherapist
- Podiatrist
- Prosthetist & Orthotist
- Psychologist
- Radiation Therapist
- Respiratory Therapist
- Speech Therapist

Choosing your path

A career in allied health is as diverse as it is interesting. Here is a useful overview to each:

AHP	QUALIFICATION	FROM	DURATION	PROFESSIONAL BODY
Audiologist	<ul style="list-style-type: none"> • Bachelor's degree in audiology • Master's degree in audiology (entry level)* 	<ul style="list-style-type: none"> • Recognised overseas institutions^ • National University of Singapore (NUS) 	<ul style="list-style-type: none"> • Three to four years • Two years 	<ul style="list-style-type: none"> • Society for Audiology Professionals Singapore
Diagnostic Radiographer	<ul style="list-style-type: none"> • Bachelor's degree in diagnostic radiography 	<ul style="list-style-type: none"> • Singapore Institute of Technology (SIT) • Parkway College • Overseas institutions recognised by the Allied Health Professions Council (AHPC) 	<ul style="list-style-type: none"> • Four years 	<ul style="list-style-type: none"> • Singapore Society of Radiographers
Dietitian	<ul style="list-style-type: none"> • Bachelor's degree in nutrition and dietetics • Postgraduate diploma in dietetics* • Master's degree in nutrition and dietetics* 	<ul style="list-style-type: none"> • SIT • Recognised overseas institutions^ 	<ul style="list-style-type: none"> • Four years • One to two years • One to two years 	<ul style="list-style-type: none"> • Singapore Nutrition and Dietetics Association
<p>Additional requirements: A six-month clinical internship for all graduates</p>				

AHP	QUALIFICATION	FROM	DURATION	PROFESSIONAL BODY
Medical Social Worker	<ul style="list-style-type: none"> Bachelor's degree in social work Bachelor's degree in arts, majoring in social work Graduate diploma in social work (entry level) 	<ul style="list-style-type: none"> NUS Singapore University of Social Sciences Recognised overseas institutions^ 	<ul style="list-style-type: none"> Three to four years 	<ul style="list-style-type: none"> Singapore Association of Social Workers
Medical Technologist	<ul style="list-style-type: none"> Diploma in biomedical sciences/biotechnology/ molecular biotechnology Bachelor's degree in science (biomedical science/ biological sciences/ laboratory medicine/ life sciences/medical laboratory science/ molecular biology) 	<ul style="list-style-type: none"> Local polytechnics and universities Recognised overseas institutions^ 	<ul style="list-style-type: none"> Three to four years 	<ul style="list-style-type: none"> N/A
Occupational Therapist	<ul style="list-style-type: none"> Bachelor's degree in occupational therapy 	<ul style="list-style-type: none"> SIT Overseas institutions recognised by the AHPC 	<ul style="list-style-type: none"> Four years 	<ul style="list-style-type: none"> Singapore Association of Occupational Therapists
Orthoptist	<ul style="list-style-type: none"> Bachelor's degree in orthoptics/ ophthalmic sciences Bachelor's degree in applied sciences and master's degree in orthoptics 	<ul style="list-style-type: none"> Recognised overseas institutions^ 	<ul style="list-style-type: none"> Three to four years 	<ul style="list-style-type: none"> N/A
Physiotherapist	<ul style="list-style-type: none"> Bachelor's degree in physiotherapy 	<ul style="list-style-type: none"> SIT Overseas institutions recognised by the AHPC 	<ul style="list-style-type: none"> Three to four years 	<ul style="list-style-type: none"> Singapore Physiotherapy Association
Podiatrist	<ul style="list-style-type: none"> Bachelor's degree in podiatry 	<ul style="list-style-type: none"> Recognised overseas institutions^ 	<ul style="list-style-type: none"> Three to four years 	<ul style="list-style-type: none"> Podiatry Association (Singapore)
Prosthetist & Orthotist	<ul style="list-style-type: none"> Bachelor's degree in prosthetics and orthotics 	<ul style="list-style-type: none"> Recognised overseas institutions^ 	<ul style="list-style-type: none"> Four years 	<ul style="list-style-type: none"> Singapore Chapter of the International Society of Prosthetics and Orthotics Foot Care & Limb Design Centre

AHP	QUALIFICATION	FROM	DURATION	PROFESSIONAL BODY
Psychologist	<ul style="list-style-type: none"> • Master's degree in psychology* <p>Note: A bachelor's degree in psychology is required for entry into the master's programme, with preference given to a bachelor's degree with honours</p>	<ul style="list-style-type: none"> • NUS • Recognised overseas institutions^ 	<ul style="list-style-type: none"> • Two years 	<ul style="list-style-type: none"> • Singapore Psychological Society
Radiation Therapist	<ul style="list-style-type: none"> • Bachelor's degree in radiation therapy 	<ul style="list-style-type: none"> • SIT • Overseas institutions recognised by the AHPC 	<ul style="list-style-type: none"> • Four years 	<ul style="list-style-type: none"> • Singapore Society of Radiographers
Respiratory Therapist	<ul style="list-style-type: none"> • Bachelor's degree in respiratory therapy 	<ul style="list-style-type: none"> • Recognised overseas institutions^ 	<ul style="list-style-type: none"> • Four to five years 	<ul style="list-style-type: none"> • Association of Respiratory Therapists (Singapore)
Speech Therapist	<ul style="list-style-type: none"> • Bachelor's degree in speech therapy • Master's degree in speech/language pathology (entry level)* <p>Note: A bachelor's degree in a related discipline is required for entry into the master's programme at NUS</p>	<ul style="list-style-type: none"> • Recognised overseas institutions^ • NUS 	<ul style="list-style-type: none"> • Four years 	<ul style="list-style-type: none"> • Speech and Language Therapy Singapore

*Prerequisite for post-graduate courses. For more information, visit caretogobeyond.sg/ahp/faq

^For the list of recognised overseas institutions, contact talent@mohh.com.sg

Scholarships

If you're serious about a career in allied health, you can take your passion further. The public healthcare sector* offers these scholarships at leading local and international universities.

- **Healthcare Merit Award/Healthcare Merit Scholarship**
- **Healthcare Merit Award (Mid-Term)**
- **Healthcare Merit Award (Degree Conversion)**
- **Healthcare Graduate Studies Award**
- **Community Care Manpower Development Award**

For more information, visit caretogobeyond.sg/ahp/scholarships

Sponsorships

Take up sponsorships with monthly allowances to study selected allied health disciplines at degree level in local universities. You will work in the public healthcare sector* upon graduation.

For more information, visit caretogobeyond.sg/ahp/sponsorships

*National Healthcare Group, National University Health System, Singapore Health Services and Agency for Integrated Care

Frequently asked questions

1. Where can I work?

As an AHP, you can work in diverse healthcare settings such as acute hospitals, community hospitals, polyclinics or be part of a team that delivers care to patients in their homes as well as long-term residential care facilities like nursing homes and day care centres.

2. What is the starting salary of an AHP?

The gross monthly starting salary (median)* of an allied health professional (degree holder) is about \$3,350.

Source: Graduate employment surveys conducted by local publicly-funded institutions of higher learning

*Gross monthly starting salary comprises the basic salary, fixed allowances and overtime pay. Does not include bonuses and increments for honours or National Service for eligible males.

3. What are the work hours for AHPs? Are they able to enjoy a good work-life harmony?

AHPs are able to maintain good work-life harmony. Depending on the nature of the allied health practice and the patient groups (inpatient or outpatient), there may be AHP groups who are required to work on shifts and weekends. A typical AHP works office hours and enjoys standard HR leave benefits.

4. How can I apply for a job attachment to learn more about allied health professions?

Polytechnic and junior college students may apply for the Healthcare Attachment Programme to undergo job-shadowing or attachments at our public healthcare institutions in January and June each year. Other institutions and professional associations offer opportunities for job-shadowing too.

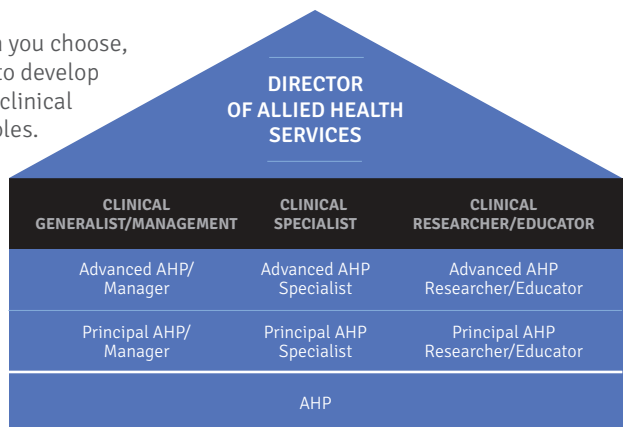
For more information, visit [caretogobeyond.sg/ahp/faq](https://www.caretogobeyond.sg/ahp/faq)

Career opportunities

Whichever allied health profession you choose, there will be ample opportunities to develop your expertise, gain experience in clinical work and progress to leadership roles.

*Did you know?

The highest allied health title in Singapore is the Chief Allied Health Officer, an appointment by the Ministry of Health.



Career development roadmap

Switching to a career in allied health

Many have made the rewarding move to join the healthcare sector. Best of all, it's never too late to make that career change.

Become an AHP by applying for the Professional Conversion Programme (PCP).

- **PCP for Diagnostic Radiographers**
- **PCP for Occupational Therapists**
- **PCP for Physiotherapists**
- **PCP for Social Workers**


For more information, visit [caretogobeyond.sg/ahp/careerswitch](https://www.caretogobeyond.sg/ahp/careerswitch)




“From ensuring their welfare at work, to caring for their well-being in life.”

Cheryl Tan
From HR Manager
to Physiotherapist
Tan Tock Seng Hospital





*My Audiologist,
My Listening Ear*



Kenneth Chua
Audiologist
Changi General Hospital

For anyone facing a loss of hearing, an audiologist represents resounding hope. Using state-of-the-art diagnostic equipment, you assess and diagnose various hearing and balance disorders. Depending on the severity and nature of the hearing impairment, you prescribe appropriate hearing technology such as hearing aids and cochlear implants.

My Diagnostic Radiographer, My Discoverer



G Vicneswari

Diagnostic Radiographer
Sengkang General Hospital

The contact with patients may be brief, but the significance of a diagnostic radiographer's work could not be more visible. You will use sophisticated imaging equipment to help healthcare teams identify patients' problems and treat the condition with accuracy and efficiency.



My Dietitian, My Nutrition Guru



Charles Lew
Principal Dietitian
Ng Teng Fong General Hospital

Singapore is a makan paradise and that makes a dietitian's role even more crucial. As a trusted guide to healthy eating, you use your scientific knowledge of food and human nutrition to help patients and indeed everyone – be it individuals, groups or communities – maintain and achieve good health. If, as they say, we are what we eat, your knowledge makes you a guru.

My Medical Social Worker, My Lighthouse



Ismawanty Razak

Senior Medical Social Worker
Khoo Teck Puat Hospital

They're sick, or hurt. And sometimes struggling to cope with the burden of their medical condition. These are the people who need the help of a medical social worker. In addition to providing psychosocial support to patients and their families, you share caregiving advice, provide financial counselling and link patients with other services to help them navigate the road to recovery.



My Medical Technologist, My Investigator

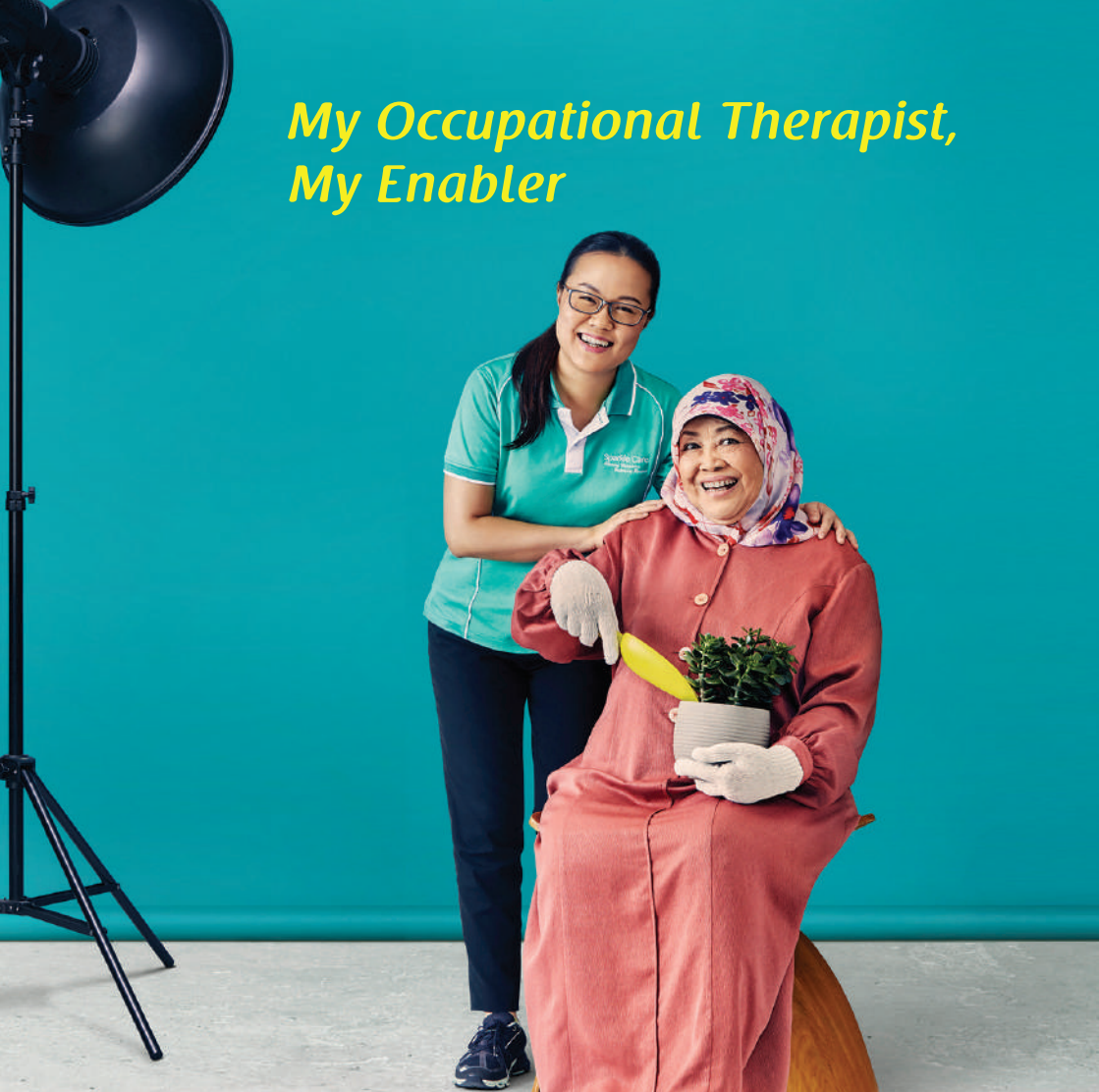


Carol Sim

Senior Medical Technologist
National Healthcare Group Diagnostics

Getting to grips with their health problem is top priority for any patient – and that’s a medical technologist’s forte. Using sophisticated scientific equipment, you analyse blood, cells, DNA and body fluids to find anomalies. Your investigative work assists doctors in their diagnosis of patients’ medical conditions.

My Occupational Therapist, My Enabler



Charmaine Koh

Senior Occupational Therapist
PCF Sparkle Care

From feeding themselves to getting dressed, many patients struggle with day-to-day tasks after an illness or disability. Occupational therapists develop treatment programmes that help them relearn basic skills which may have been affected by physical, cognitive or psychosocial problems. You enable these patients to lead normal lives again.





My Orthoptist, My Guiding Light

Ode Kakeru
Orthoptist
Singapore National Eye Centre

Eyesight problems leave patients very scared and that's where an orthoptist plays a crucial role: you focus your attention on helping patients recover fully. Following scientific methods, you assist ophthalmologists to assess, diagnose and treat patients with binocular vision disorders, eye coordination problems, abnormal eye movements and visual dysfunctions.



My Physiotherapist, My Energiser



Vivian Lim

Senior Physiotherapist
TOUCH Community Services

Physiotherapists understand how and why movement and function take place. You work with patients to overcome their movement and function disorders, managing pain and stiffness, muscle strength and fitness. You energise patients by improving their quality of life.





*My Podiatrist,
My Solemate*



Marabelle Heng

Principal Podiatrist
Singapore General Hospital

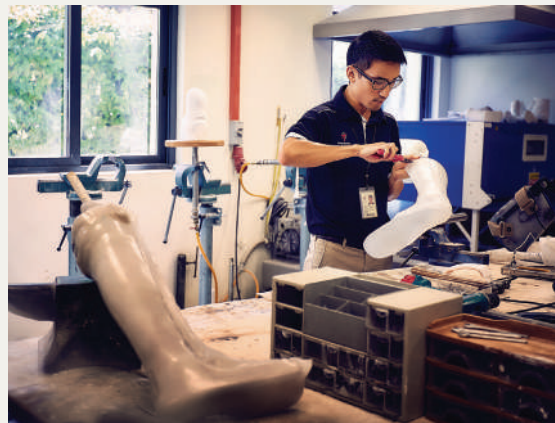
Anyone who has difficulty walking will appreciate a podiatrist's sole support. You diagnose the various types of lower limb conditions, prescribe and administer the appropriate treatment so that patients take great strides in the recovery process.

My Prosthetist & Orthotist, My Transformer



Tsurayuki Murakami
Senior Prosthetist & Orthotist
Tan Tock Seng Hospital

Helping people get back on their feet is key to a prosthetist & orthotist. You assess and treat people who have reduced mobility due to illnesses, disabilities or amputations. Using artisan techniques and the latest in bionic technology, you create devices that transform the lives of your patients.





My Psychologist, My Confidante



Joanne Especkerman

Psychologist
KK Women's and Children's Hospital

As a psychologist, you do more than just listen to people suffering from emotional distress and psychological problems. You analyse and assess their behaviour, emotional state and cognitive functioning before applying psychotherapy and other scientific methods to overcome their problems. Soon, not only will your patients confide in you, they'll be grateful for your support and guidance.

My Radiation Therapist, My Ray of Hope



Muhammad Rahmatullah Zainodin
Radiation Therapist
National University Hospital

Cancer patients know they're in good hands when they meet a radiation therapist. Using state-of-the-art imaging technology and scientific methods, you accurately determine and deliver the right dosage of radiation: enough to eliminate cancer cells, while minimising its effect on surrounding organs. Your work gives them the hope of recovery.



My Respiratory Therapist, My Inspiration



Crystaline Poh

Respiratory Therapist
Tan Tock Seng Hospital

Breathing normally is something everyone takes for granted. No wonder respiratory therapists are like a breath of fresh air. You work closely with doctors, assessing, planning and integrating pulmonary care for patients suffering from a variety of conditions, ranging from asthma to lung cancer. Thanks to you, patients with respiratory disorders can breathe a sigh of relief.

My Speech Therapist, My Freedom of Speech



Calvin Lam
Senior Speech Therapist
National University Hospital

Those suffering from communication problems will be grateful to have a speech therapist around. You evaluate patients with speech, language, communication and even swallowing problems. Then, you help them with their rehabilitation and eventually make sure they are not lost for words.





Be an
Allied Health
Professional.

BIG BRO

Mentor

Courage Booster

Listening Ear

JOY

Coach

Motivator

Pillar of Strength

Guardian

Source of Freedom

Lifesaver

ROLE MODEL

Transformer

Sunshine

